



Second Nature News!

Ask the experts

I love strong nail colours, but find my nails are very stained when I remove my colour. What can I do?

When the pigment of a polish is strong, it can often leave the nail stained and discoloured if it is unprotected. The answer is simple – always use a base coat underneath polish to create a barrier between the nail and the polish. We like Mavala's Base Coat, which retails at just £3.75. Why not protect your colour and help it last longer with a coat of Mavala Topcoat for a fabulous glossy finish.

I often find my blusher looks 'wrong' and overdone when I apply it. Where should I place the colour for best effect – and what is the best shade to choose.

When we are younger the best place to apply blush is the apples of the cheek. Smile without opening your lips – the 'pads' that appear on the cheekbones are where you should place your colour, avoiding going too close to the nose by beginning colour in line with the iris of the eye as you look straight ahead. Use a soft brush about 4 cms in diameter and sweep colour along the apple and cheekbone using a downward motion. For the more mature amongst us, colour placed this high on the cheekbones can only serve to emphasise and fine lines and dark circles around the eyes. Place colour just a smidgen lower on the cheekbone and into more of the 'hollow' underneath. This will bring a glow to the right area! As a general rule of thumb, the most natural colour to choose is the shade your skin flushes after a brisk walk. Fair skins suit shades of apricot, light tawny, or pale sandy pink, (avoid anything too pink though if you are inclined to high colour); whilst darker skin tones blush best in shades of rosy pinks or peachy corals. Very dark skins should choose fudge or auburn colours. Pop in to find your best shade!

E- Mail Coupon

E Mail Address:

Client Name:

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Coming soon – Reflexology/Eyelash Extentions/Hopi Ear Candles

Monthly Offers

March

Marvellous Mum

Say thanks to your Mum this Mother Day by treating her (or yourself) to our Marvellous Mum Package. An amazing aromatherapy back, neck and shoulder massage, followed by a wonderful 1 hour Algotherm Facial

Just £35.00

Offer only available for the month of March, so book now!

April

No Sun – No Problem!

Beat the April showers – treat yourself to the most natural looking safe tan using Fake Bake. Complete the look with a file and polish (choose either hands or feet)

Just £30.00

Offer available for the month of April, so book now!

May

Small Wonders

Treat yourself to the small wonders that make a big difference – a mini facial, the perfect pick me up for skin, followed by a file and polish, (choose hands or feet.)

Just 20.00

Offer only available for the month of May, so book now!

We hope you have enjoyed our Spring newsletter, and we look forward to welcoming you to the small, friendly and professional salon that really cares about how you look and feel very soon,

Regards,
The girls at Second Nature

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