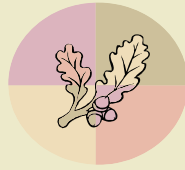




Second Nature CHRISTMAS News!



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Hello Ladies, and welcome to the Winter/Christmas edition of our newsletter

And welcome to the Winter/Christmas edition of our newsletter. At Second Nature we love this time of year – the magic of the sparkling snow, roaring log fires and mince pies, children's faces all aglow at the sight of the twinkling Christmas tree....actually scrub all that - we're off into the realms of fantasy there! For us girls the reality can be somewhat different – tearing around the shops at the last minute in the freezing cold, slaving over the hot stove and the endless pile of cards to write! Joking aside, it can be a really busy time of year, so at Second Nature we like to make things as easy as possible – avoid the town centre crush and bag yourself some beautiful gifts at your local salon, gift vouchers for friends and relatives who seem to have everything, and of course not forgetting at treat or two for yourself!

We have some amazing gifts this year – if you haven't yet seen Mavala's Sparkle and Polish deal you're in for a real treat – choose from six beautiful colours of polish teamed with one of two beautiful sparkling cocktail rings presented in a pretty organza bag at just **£12.50**.

This year we welcomed 'It's Only Natural' products to the salon – handmade organic bath and skincare products that are just divine. Choose from bath bombs, bath melts, organic soaps and gift boxes containing a selection of products - marvellous stocking fillers.

Did you know?

-  Some mineral make-up includes a compound known as bismuth oxychloride, a by-product of the ceramics industry. It's used as cheap 'filler' and is known to cause skin irritation. You'll be pleased to know that our in-salon brand, Lily Lolo, doesn't contain this ingredient.
-  It's a really good idea to cleanse your face as soon as you get home from a busy day at work, especially if you work in the city. This removes grime and pollutants that have accumulated on the skin during the day and will help keep your skin in tip top condition.
-  Under eye puffs can be quickly improved by gently sweeping over the area using an ice cube wrapped in cling film. Go gently - don't rub or 'freeze' the skin and just watch those puffs disappear!
-  Skin can get much drier in the winter months. Keep hydrated by drinking plenty of water and include plenty of 'good' fats in your diet – avocados are a great source. Switch to a richer moisturiser too – our favourite is Mavalia's Renovating Day Cream – rich in moisturising and firming shea butter and q10 to fortify collagen production.

As ever our monthly deals offer the very best of treatments at a price to suit every budget – they make a great gift for a friend or just to indulge yourself!

December sees the return of the blissful and ever popular Big Chill – the ultimate in relaxation combining a back, neck and shoulder massage and one hour facial. Sheer bliss for just **£35.00**. If getting ready for all those nights out is more your thing why not try our brilliant Shellac deal. Treat yourself to a Shellac Manicure in December and receive your next one in January for the **AMAZING** price of **£15.00!**

After the festivities, why not bring the glow back to tired skin with our January Fresh Face package – our brilliant one hour Mavalia facial and eye treatment at **£28.00** = a brilliant saving designed to delight even the most overused post Christmas budgets!

Rolling on to February sees the return of Magical Manicure = a luxury manicure which includes exfoliation and heated mitts – it's a facial for your hands! The price is amazing too at just **£12.00!**

That's all for the last newsletter of 2011, so it just remains for us to wish you and your families a very merry Christmas and a happy, healthy (and beautiful!) New Year and to thank you for your continued support and loyalty. Best wishes from Lynne and the girls at Second Nature – the small, friendly salon the really does care about how you look and feel.

December Offers Big Chill

An amazing aromatherapy back, neck and shoulder massage teamed with a fabulous one hour Algotherm facial. A treatment guaranteed to keep out the Autumn chills! Just **£35.00**

Shellac – one for now and one for later!

Treat yourself to a Shellac Manicure in December and receive your next in January for just **£15.00**

January Offer Fresh Face At Second Nature

Feeling dull after the party season?

Wake up winter skin with a glorious 1 hour facial tailored to you, combined with our Bright Eyes treatment to revitalise puffy tired eyes. **JUST £28.00**

February Offer Magical Manicure At Second Nature

Treat yourself to our fantastic luxury manicure.

It's a facial for hard working hands!!

Includes exfoliation, massage, mask and perfectly painted polish of your choice. **JUST £12.00**
(French Manicure add £2.00)