



Second Nature News!

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Hello Ladies,

And welcome to the Spring edition of our news letter. Isn't it amazing to see bulbs and tiny shoots of green appearing again after the long dark winter? Everything just seems to burst back into life again doesn't it?

Here at Second Nature we are ready to burst into life again with some great new ideas and fabulous offers and treatments that will have you looking and feeling as fresh as a spring daisy!

First up is our monthly offers – we've given them a bit of a Spring revamp for 2012 and we know you are going to love what we have in store for you!

March of course sees Mother's Day – and to treat Mum (or yourself) we have **Marvellous Mum** – that ever popular offer which has now had a Spring Make over. Enjoy a relaxing back neck and shoulder massage combined with a mini facial that will leave skin fresh and glowing – and if that wasn't enough chill out with a free hand and arm massage. All this for just £30.00!

We're very excited about our **April** offer as it's our chance to introduce you to a new treatment at Second Nature. Indian

Head Massage is an ancient art that really does take you to new levels of relaxation - it really is one of those 'must try' treatments. Bliss out with **Head in the Clouds** – a 30 minute introduction to this amazing experience.

In **May** we begin to get ready for all that lovely summer weather that's just around the corner (we hope!) with our 3 for 2 waxing offer, **Baby Smooth** waxing really is one of the best ways to deal with unwanted hair on the face and body – over time growth will eventually become finer and weaker leaving you smooth for longer, so why not get into good habits at the start of summer – have any three areas waxed and the cheapest is free!

Last up is an exciting new development – we are now on **Facebook**! This will allow us to keep you bang up to date with what's going on at Second Nature and allows you access to **Facebook Friday** – one- off weekly deals posted on, yes, you guessed it, Fridays! All you have to do to enjoy these extra offers is give us a huge big 'like' on our page and quote the reference number of that weeks deal which will appear in the posting. These special deals will only be available for the week, and sorry we can't take booking via Facebook – please book your appointment by telephone.

So, phew, that's just about everything that's happening here – we hope you will enjoy what's on offer, and we look forward to welcoming you to the small, friendly and professional salon that really does care about how you look and feel.

Did you know?

- We are currently looking at the skincare ranges we stock and we would love to find out what you would like to see at Second Nature to allow us to tailor our services to your needs. We are currently running a Skincare Survey in Salon. It's quick and easy to complete and you will be given the opportunity to do this when you visit the salon. We will publish our findings at the beginning of May.
- Despite what many people think, there are still quite a few cosmetic companies that test on animals. At Second Nature we believe that no creature should suffer in the pursuit of beauty and if you feel as we do you may want to avoid ranges such as Max Factor, Dove, Pond's, Roc and Olay. A full list is available from www.leapingbunny.org
- Drinking two litres of water a day not only helps keep the inside of your body healthy, but also helps to promote healthy skin, nails and hair.
- Applying moisturiser gently in an upward motion helps to avoid dragging and stretching skin which can lead to a loss of elasticity

March

Marvellous Mum

Treat your Mum (or yourself!) to an amazing aromatherapy back neck and shoulder massage, combined with mini facial and hand and arm massage

Just £30.00

April

Head in the Clouds

Try our new, utterly blissful Indian Head Massage treatment. Feel tension melt away in just 30 minutes of incredible scalp, neck and upper shoulder massage.

Just £18.00

May

Baby Smooth

Get summer ready with our 3 for 2* waxing offer

***cheapest are free**